

## RELATED SERVICES

Physical  
Therapy

Speech  
Therapy

Occupational  
Therapy



Sensory Gymnasium



Technology Room



Large Gymnasium



THE ARC  
**KOHLER  
SCHOOL**

EST. 1963

**RELATED SERVICES:  
PT/OT/ST**

What are related  
services?

Who are our  
therapists?

The Arc Kohler School  
1137 Globe Avenue  
Mountainside, NJ 07092  
908-518-0021  
[www.arckohlerschool.org](http://www.arckohlerschool.org)

  
**The Arc**  
Union County

## What are Related- Services?

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**Speech, occupational and physical therapies** are each part of every student's education program. Our approach is multisensory with an emphasis on total communication for the development of speech and language. Services are provided in a variety of ways:

- Individual therapy both in and outside of the classroom
- Co-treatment options
- Group therapy
- Small groups of two or three children
- Skill specific groups: aerobics/fitness, sports, sensory feeding, pre-vocational, social skills, functional play skills, sensory speech, range of motion, gait training and yoga

### **Highlights of Therapy Services:**

- Augmentative Communication
- Sensory Integration Certification
- Sensory Integration and Praxis
- Testing Certification
- Handwriting Without Tears Certification
- PROMPT trained therapists
- Feeding Therapy
- Kinesiotaping
- Adapted seating and equipment expertise

## Who Are Our Therapists?

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We have skilled and knowledgeable staff with an average of seven years of clinical experience. All therapists are CPR certified. Many have experience providing therapy in Early Intervention which enhances our ability to help students and families' transition to a school based program. Our therapists attend continuing education conferences in order to remain up to date in clinical knowledge and skill.

### *Physical Therapists:*

**Patricia "Trish" Cortina**

[Pcortina@arckohlerschool.org](mailto:Pcortina@arckohlerschool.org)

**Cindy Kratsch**

[CKratsch@arckohlerschool.org](mailto:CKratsch@arckohlerschool.org)

**Kerri O'Connor**

[Kocon-nor@arckohlerschool.org](mailto:Kocon-nor@arckohlerschool.org)

### *Occupational Therapists:*

**Susan Sikorski** [ssikorski@arckohlerschool.org](mailto:ssikorski@arckohlerschool.org)

**Lisa Preisler** [Lpreisler@arckohlerschool.org](mailto:Lpreisler@arckohlerschool.org)

**Caryssa Vitelli**

[CVitelli@arckohlerschool.org](mailto:CVitelli@arckohlerschool.org)

### *Speech Therapists:*

**Danielle Benjamin** [Dbenjamin@arckohlerschool.org](mailto:Dbenjamin@arckohlerschool.org)

**Laura Palmeri**

[Lpalmeri@arckohlerschool.org](mailto:Lpalmeri@arckohlerschool.org)

**Denise Bisett**

[DBisett@arckohlerschool.org](mailto:DBisett@arckohlerschool.org)

## Where Is Therapy Held?

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Therapy can occur both in the classroom and outside of the classroom in designated areas. Kohler uses a collaborative approach, including consultations by our therapists with all staff. The Arc Kohler School has several different rooms that are also designated for therapy:

**Gross Motor Room-** This space is designed to house a variety of small and large group activities that students can use to work on gross motor skills such as walking, jumping, throwing or lifting.

**Sensory Room-** Comprised of various mats, swings, a dark room and a variety of activities that provide sensory input, this is an excellent space for students to work on individuals goals that enhance sensory processing, fine motor skills and motor planning.

**Tech Room-** Our state of the art tech room has a variety of computers, a Smart +Board and iPads to engage students in learning

**Gym-** Therapists can utilize the gym for students to play sports, throw balls, and even ride bikes to work on a variety of physical therapy goals.

**Individual Therapy Rooms-** Individual therapy rooms provide a safe, intimate space for children to work 1:1 with speech and occupational therapists.